

# Friends Women's Association

## JUNE 2024 Report

### Table of Content

<b>FRIENDS WOMEN'S ASSOCIATION</b>	<b>1</b>
<b>JUNE 2024 REPORT</b>	<b>1</b>
<b>ACTIVITIES</b>	<b>2</b>
<b>CARING FOR HIV POSITIVE PEOPLE (CHIVPP)</b>	<b>2</b>
<b>IMPROVING WOMEN'S REPRODUCTIVE HEALTH (IWRH)</b>	<b>2</b>
<b>RAPE SURVIVORS' SUPPORT (RSS)</b>	<b>2</b>
<b>MEDICAL TEAM</b>	<b>8</b>
<b>CONSULTATIONS</b>	<b>8</b>
<b>LABORATORY</b>	<b>8</b>
<b>FAMILY PLANNING</b>	<b>9</b>
<b>PRENATAL CONSULTATION (PNC)</b>	<b>10</b>
<b>ANTI-RETROVIRAL SITE</b>	<b>10</b>
<b>PHARMACY</b>	<b>10</b>
<b>PSYCHOSOCIAL TEAM</b>	<b>10</b>

## **ACTIVITIES**

### **Caring for HIV Positive People (CHIVPP)**

In the month of June, medical follow-up and home visits were done for our HIV positive people.

### **Maternity Ward Building**

Although Ntaseka maternity ward still needs some medical equipment; both the delivery and the hospitalization services are currently functional.

### **Improving Women's Reproductive Health (IWRH)**

FWA community health workers and FWA staff have continued to educate men, women and young people on the importance of birth control.

## **AWARENESS REPORT ON SEXUAL AND REPRODUCTIVE HEALTH AT THE KINAMA MARKET ON JUNE 21, 2024**



On June 21, 2024, FWA Medical team carried out an awareness campaign at the Kinama market. The population responded massively. More than 250 people of childbearing age (15 years -49 years) were present.

Mass sensitization was carried out included different parts: a short sketch performed by Ntaseka clinic community health workers, the awareness session, questions and answers with rewards for those who gave the correct answers.

The overall objective of the session was to contribute to the reduction of maternal and neonatal mortality in Burundi and thus contribute to the increase in outstanding indicators at the level of the Northern Health District of Bujumbura Mairie. The Northern Health District of Bujumbura Mairie was represented to facilitate the session with the staff of the Ntaseka clinic.

Specifically, we raised awareness among the population about postpartum family planning and early prenatal consultation and we invited the population to share knowledge on the themes cited above through questions and answers.

We talked about the services of the Ntaseka clinic and gave the orientation of our workplace  
KAMENGE / SONGA 8th Avenue 212

This population of childbearing age was made aware to use the Health Services available at NTASEKA clinic which include the minimum package of services, namely curative and preventive including curative consultation, prenatal consultation, family planning, screening for HIV, caring for HIV positive beneficiaries, Laboratory, pharmacy, Minor surgery, Hospitalization and maternity. Each of the services has been explained in summary concerning its activities and services.

Then we talked about the different high-risk pregnancies to encourage women of childbearing age to come for early prenatal consultations and keep appointments. We also discussed family planning after childbirth and the different contraceptive products that are available at the NTASEKA clinic.

- The intrauterine device for a period of 10 to 12 years
- The subcutaneous implant for a period of 5 years
- The injection for 12 weeks
- The pill for 24 hours
- The micropill for breastfeeding women for 24 hours
- Male and female condoms to also fight against Sexually Transmitted Infections (STIs) and HIV/AIDS

Among the risk factors that lead to high-risk pregnancies we have discussed, among others:

- Pregnancy before age 18
- A pregnancy after 35 years
- Scarred uterus

- Diabetes during pregnancy
- Hypertension during pregnancy
- The big baby
- Bleeding during pregnancy
- Fevers during pregnancy
- Multiple pregnancies
- History of subsequent pregnancies
- Cardiovascular illnesses
- Chronic diseases

The examinations which reveal different diseases such as anemic diabetes, hypertension during pregnancy, sexually transmitted infections, urinary infections, blood grouping, toxoplasmosis and others according to the state of health of each have been summarized

Among the questions asked by the population it was evident that men were more interested in the awareness session than women. The interest was on sexuality after childbirth and it was an opportunity to remind people of postpartum family planning to be safe because in Burundi the maternity ward includes a family planning service.

- 213 leaflets explaining Family Planning and Prenatal Consultation offered by the National Reproductive Health Program were distributed.
- 3000 male condoms were distributed towards the end of the session
- 4 people who answered the questions correctly received the prizes for the notebooks and one received the notebooks and the loincloths
- 10 people who helped spice up the sessions by dancing or reciting poems received hygiene soaps

### **Testimony**

Around 6 p.m. on June 21, 2024 our midwife “Augustin Harushimana” welcomed a man at the Ntaseka clinic. He received the services he was looking for with his wife, and he said this:

*“My name is Kwizerimana Jean Marie. I am 40 years old. I am married to Ndayisenga Justine. She has 37 years, and we have six children. We live in Kinama, Buhinyuza 3rd Avenue. I followed your awareness session carefully and listened carefully to your address for coming and asking for family planning advice. With my six children, I would like to stop and accompany my wife to benefit from your service as I heard you there at the Kinama Market. This afternoon, everything you talked about concerns us and since my wife was not present I called her and here she is. Please consult us and repeat such sessions in Kinama. »*

## **ULTRASOUND CAMPAIGN REPORT OF JUNE 22, 2024**

As of June 22, 2024, a medical team from FWA (Doctot Brigitte NIYOKWIZERA, Doctor Marie Salomé CISHAHAYO and two midwives Augustin HARUSHIMANA and Huguette IRIHO) carried out the obstetric ultrasound campaign

The aim of the obstetric ultrasound campaign is to contribute to the quality of prenatal consultations which are carried out at Ntaseka clinic. Indeed, we have noticed that there are pregnant women who do not have the means to carry out additional prenatal examinations. Since 2021, the NTASEKA clinic has already carried out ultrasound campaigns and 159 obstetric and pelvic ultrasounds have already been carried out. This has increased the number of women who attend the Prenatal Consultation (ANC) service and those who do ultrasounds.

This is how, as of June 22, 2024, from 8 a.m. to 3 p.m.; 27 pregnant women benefited from obstetric ultrasounds.

It was also an opportunity to discuss risk factors and additional examinations during pregnancy.

These pregnant women were made aware to use the Health Services available at NTASEKA clinic which include the minimum package of services, namely curative and preventive including curative consultation, prenatal consultation, family planning, HIV screening, taking in charge of HIV, Laboratory, pharmacy, Minor Surgery, Hospitalization and Maternity.

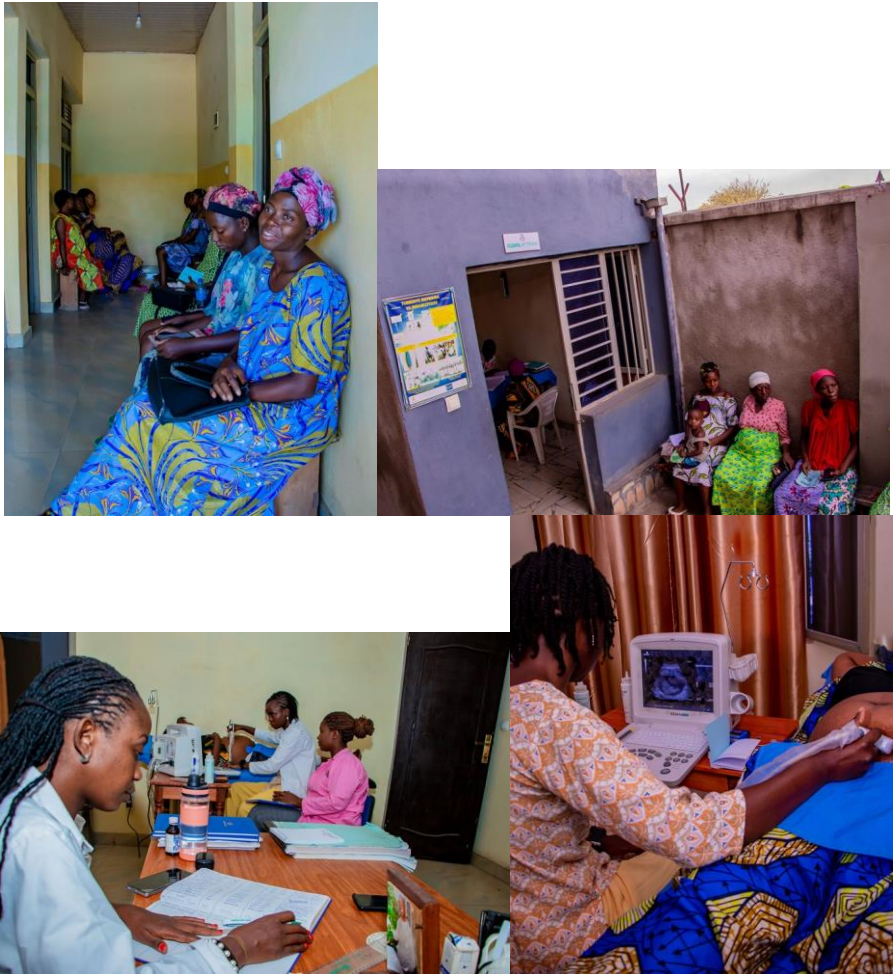
Then we informed about the different high-risk pregnancies to encourage women of childbearing age to come for early prenatal consultations and keep appointments and we talked about family planning after childbirth and the different contraceptive products that are available at NTASEKA clinic.

The examinations which reveal different diseases such as anemic diabetes, hypertension during pregnancy, sexually transmitted infections, urinary infections, blood grouping, toxoplasmosis and others according to the state of health of each have been summarized.

### **Challenges and suggestions/Recommendations:**

1. Regularly organize ultrasound campaigns and even add other complementary prenatal examinations because we have pregnant women who frequent us who need health support.
2. Organize discussion groups on different themes for pregnant women only and thus initiate CPN in Groups
3. We need leaflets talking about FWA and Ntaseka clinic in Kirundi so that our beneficiaries raise awareness in their homes
4. During the campaigns the one who does the ultrasound needs two assistants for recording the results in the register and the notebook and interpretations in order to save time and to be able to do as many ultrasounds as possible

The activity started at 8:00 a.m. and ended at 2:30 p.m. on June 22, 2024



**Rape Survivors’ Support (RSS)**

**1. HROC Workshop ( June 27-29 )**

In the month of June one workshops on trauma healing were organized in Ruvumvu in Bubanza province for Victims of GBV

**Story**

*“I got married at the age of 16. My husband was a soldier. So I had to stay alone in the house. My house was in the same enclosure with the house of my father-in-law.*

*My father-in-law started flirting with me by touching me but I refused to let him touch me peacefully with a gentle voice; I was afraid that those around would hear me accusing my father-in-law of such a thing. It continued like that and he decided to rape me. I took a stick and I told him that I was going to hit him and I threatened him that I was going to shout loudly. He left me but he decided to torment me using another method.*

*He decided to relieve himself in front of my door. When I woke up I saw his poops in front of my door and I decided to check who was doing this act in front of my door and I discovered that it was my father-in-law.*

*I was overwhelmed and I decided to tell to my brother-in-law. What a mistake! My brother-in-law took me as a liar and hatred reigns between me and all my in-laws until they influenced my husband.*

*Until now my husband has not returned home for 2 years ago. I am like a widow. I stayed in this house where I have no rights; my fields are cultivated by my brother-in-law; he tells me that my husband no longer wants me and that he will never return.*

*When I came here my heart was broken; I didn't know what to do but listening to this teachings showed me that I am not alone in this journey; I understood that I must mourn and let my husband go because I don't have any other choice; I must be strong for the life of my child.*



## **2. Street Business School (SBS)**

In the month of June, there was graduation of the fifth promotion of SBS. 40 women were graduated at the FWA headquarter office in Kamenge, Songa Quarter, 8<sup>th</sup> Avenue, N°212. At the same time 45 young girls were graduated for having attended session on sexual and reproductive health, leadership and entrepreneurs and seven women were graduated on the sewing career.



## **ACTION ON GENDER-BASED VIOLENCE (AGBV)**

In the month of June, in the context of the project "Connecting the Global to the Local: Strengthening Women's Leadership for the Localization of the United Nations Security Council Resolution 1325 (2000) on "Women, Peace and Security", seven psychologists and 132 psychologists' assistants have been receiving gender-based violence survivors for both listening and counselling..

## **MEDICAL TEAM**

### ***CONSULTATIONS***

Our medical doctors consulted with 172 cases, including 36 adults (10 men and 26 women), 10 children (4 boys and 6 girls), 28 HIV positive people and 98 pregnant women for ultrasound. The nurse received 234 patients including 181 adults and 53 children.

On June 13-19, 2024 there was vaccination of children against measles and rubella in Burundi. Ntaseka clinic was one of the vaccination centers as usual. We had a total of 847



children vaccinated, including 145 children aged between 6 and 11 months, 172 aged between 12 and 23 months, 530 aged between 24 and 59 months.



**LABORATORY**

In the month of June, apart from HIV voluntary testing, there were a total of 304 tests.

Test	Test completed	Positive	Negative
G.E. Malaria test	59	18	41
Quick malaria test	36	7	29
ECBU Urine test	31	25	6
Selles Stool test	16	16	0
Pregnancy	36	8	28
Sero-widal Typhoid fever	40	14	26
Glycémie Diabetes	6	2	4
RPR VDRL (Syphilis)	26	0	26
Complete Blood Count	26	11	15
Hepatitis B	6	1	5
Hepatitis C	5	0	5
Viral Load	17	3	14
<b>Total Tests: 304</b>			

**FAMILY PLANNING**

625 People received contraceptives from FWA’s nurse, including 301 old cases and 229 new ones. 359 received the contraceptive injection, 26 were given contraceptive pills, 41 received

male condoms at Ntaseka clinic and 180 were given male condoms by Ntaseka clinic community health workers, 1 received UID and 18 received implants

***PRENATAL CONSULTATION (PNC)***

In June, 67 women came for prenatal consultation (PNC), including 18 who came for PNC 1, 36 for PNC 2, 7 for PNC 3 and 6 for PNC 4.  
98 pregnant women came for the ultrasound test.

***ANTI-RETROVIRAL SITE***

At the end of June, we had 330 patients under retro drugs followed at NTASEKA clinic, including 267 women and 63 men.

***PHARMACY***

Regarding medications, FWA was able to purchase the minimum needed medicine.

***PSYCHOSOCIAL TEAM***

In the month of June, 45 people were tested for HIV and received pre and post HIV test counselling. All the two people who were detected HIV positive were women with 5% of seropositivity.

Total Number of People Tested:	45
Total Number of Women Tested:	38
% of People Tested Who Are Women:	84%
Average Age:	30
Median Age:	30
Total HIV+ :	2
Total HIV- :	43
Number of Women HIV+ :	2
Total % Seropositivity:	4%
% of Women Tested Who Are HIV+:	5%

FOR PHOTOS PLEASE CLICK HERE :  
[https://drive.google.com/drive/folders/1\\_64eZPxVaoQUkZUZ\\_PTbQsBa2uSealW?usp=sharing](https://drive.google.com/drive/folders/1_64eZPxVaoQUkZUZ_PTbQsBa2uSealW?usp=sharing)