

# Friends Women's Association

## OCTOBER 2022 Report

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## **COVID-19 AND NTASEKA CLINIC**

In the month of October 2022, Friends Women's Association has continued to apply covid restrictions at Ntaseka Clinic for both the staff and the beneficiaries' protection.

### **ACTIVITIES**

#### **Caring for HIV Positive People (CHIVPP)**

In the month of October, medical follow-up and home visits were done for our HIV positive people.

#### **Maternity Ward Building**

Although we still need medical equipment, another new baby was born at Ntaseka clinic. babies at Ntaseka clinic. A new lap top and plastic chairs were bought under the support of the African Great Lakes Initiative.

#### **Improving Women's Reproductive Health (IWRH)**

FWA community health workers and FWA staff have continued to educate men, women and young people on the importance of birth control.



Under the support of the Consortium of the African Great Lakes Region Organizations, on October 25, 2022, FWA Medical team organized a community public education on the importance of family planning at Kamenge market, Zone Songa. The population responded massively. More than 800 people of childbearing age (15 years old -49 years old) participated in the awareness session.

The FWA community health workers used a sketch to raise awareness of the Ntaseka clinic services. Questions and answers were used to reward those who gave the right answers.



### Two Immediate results

- 100 men benefited from male condoms (2400 condoms)
- Since November 2022, we have already received at least 10 cases the services of Family Planning and prenatal consultation. Those new beneficiaries testify that they heard about Ntaseka clinic services at Kamenge market.



*The woman in the middle is given a Burundian Fabric as a reward after giving the right answer*

On October 30, 2022 there was a discussion group for young girls at Ntaseka clinic. 62 young girls were present. They are members of three young girls' self help groups. The topic was “women's entrepreneurship”. The objective is to have joyful and prosperous young girls in order to prevent unwanted pregnancies.

NTASEKA clinic Midwife Augustin HARUSHIMANA, Doctor NIBONA Alexia and Doctor Marie Salomé CISHAHAYO were present for coaching! Miss Nadia and Tiroryinka Fiona were facilitators.

It is a group of young girls who are members of three self-help groups of young girls. They are there every last Sunday of the month to discuss and share ideas and experiences around a

theme according to the plan already established in the framework for the promotion of sexual and reproductive health.



*From right to left: Augustin, Nadia, Fiona, a friend of both Nadia and Fiona*

We have seen in depth the entrepreneurship summarized as follows:

### **1. Definition**

According to Larousse, to undertake is to begin to perform an action, generally long or complex.

We can also define it as :

\*Resolve to do something and put in place a strategy for its execution,

\*Bringing a project to life

\*It is to be in action, to set oneself in motion. Being able to dream of a project that looks like us, that makes us vibrate and in which we want to put our expertise, our efforts.

\*Starting a business is like carrying the pregnancy and giving birth to a baby: it's the whole process from A to Z. There are no steps to skip.

\* Entrepreneurship covers activities that contribute to the formation and growth of a company, the first consequence of which is the creation of the Company (Wikipedia)

### **2. Who can undertake?**

Everyone can do business. If you have found a lack, your company comes to bet on this lack.

### **3. The qualities of a good entrepreneur**

▶ The will

▶ Having a vision

▶ Think big but start small

- ▶ Be able to work in a team and delegate
- ▶ Creativity: find innovative ideas allowing you to stand out and renew yourself constantly
- ▶ Rigour: be structured and work on your mode of organization
- ▶ Passion: it is the vital essence for his business, which allows you to move forward, to believe that it will work even when others, your outside world says otherwise
- ▶ Humility: Take a step back, accept and manage criticism, treat others with respect. It precedes elevation. A moment of meditation is necessary.



*A group photo*

#### **4. Why undertake?**

- ▶ Make money
- ▶ Change life
- ▶ Innovate
- ▶ Getting out of unemployment
- ▶ Living your Passion
- ▶ Seek autonomy
- ▶ Share your values
- ▶ Create employment
- ▶ Having financial freedom
- ▶ Develop your creativity
- ▶ Quest for the meaning of life

## 5. How?

- ▶ Follow your dreams, they know the way.
- ▶ Getting out of theory
- ▶ Get trained
- ▶ Put in place an action plan
  - \*Business plan
  - \*Market research
- ▶ Implement a marketing strategy
- ▶ .Refine your product or service
- ▶ .Market your product or service

## 6. Undertake what?

It all depends on the person who wants to undertake.

The idea of a business can depend on its environment, its social status, its personal capacities, its vision of life.

### **Entrepreneurship: having a vision**

Vision: It combines two things: The project and the human behind the project. So as much as we take action to develop the project, we do the same with ourselves.



**Mind games:** each of the girls would write 5 supposedly well-funded projects and challenge them until they stayed with one project. Hence its orientation: a priority project that is worth pursuing because many did not know where to start

## 7. Feminine entrepreneurship

Women have a story. They are different beings in their way of thinking, acting, apprehending life.

Given Burundian society, women come up against limits such as cultural beliefs, mentalities (problem of identity, lack of self-confidence/self-esteem)

Find yourself a balance, your talent, your business

All participants thanked Ntaseka Clinic for organizing these sessions which will be beneficial in their careers. They finally found each other.

Due to lack of sufficient time for this session, the next session will be dedicated to the testimonies of the facilitators and the questions and answers of the participants.

The main challenges that were identified were the lack of an appropriate room, a projector, water notebooks and pens.



### Rape Survivors' Support (RSS)

In the month of August, the Rape Survivors Support program had different activities: the supervision of Self-Help Groups (SHGs) and evaluation and one trauma healing workshop. At the end of August 2022, we had a total of 154 SHGs in Kamenge, Bujumbura Mairie province for a total of 3638 women and 35 SHGs for 863 women in Nyabiraba commune, Bujumbura province.

#### 1. SHGs

ABOUT NEW SHG				
No	Name of SHG	Month of creation	Member Number	Created by
1.	SANURA	September	25	Isabelle
<b>SHG Total Number:</b>		<b>154</b>		

## **SHGs Evaluation**

As the table shows, in the month October 1 SHG made a sharing and the result are as follows;

No	About sharing	Number of SHG	Total
1	Total money saved	1	1,790,600
2	Total Credit granted	1	2,080,000
3	Total interest	1	560000
4	People who didn't paid	1	19
5	Total money not refunded	1	2,400,000

## **Classification of SHG**

After evaluation it was found that;

Active	Less Active	Sick	Total
0	0	1	1

## **2. HROC Workshop**



*A group photo*

Under the support of Global Giving Foundation, from October 31<sup>st</sup>, 2022 to November 2<sup>nd</sup>, 2022, there was a three-day trauma healing workshop for 20 GBV survivors. The venue was the Ntaseka clinic training room.



### **Testimony**

*I got married at 16; I was in the refugee camp in Kenya. My husband began dating a girl who was my maid. One day at night He left the house to go to sleep at that girl. This pushed me to say it loud for help.*

*When we started mediation with the services in charge of the conflicts in the refugee camps, my husband said to me: "you do what you want but I will not give you my children instead of giving them to you, I will throw them in the river and I too will throw into it also".*

*I knew that to kill is a simple thing for my husband because he was an ex-army rebel. I have chosen to suffer in this marriage for fear of being killed. He tried many times to kill me using poison, but I thank God he did not succeed.*

*One day he hit my arm and justice service separated us. I thought I would finally have peace but he corrupted my children. When I gave to children something to sell, he did everything possible to distract them so that my goods were stolen. Actually, I was a business woman. ;*

*I was almost crazy because of trauma. I found that there are times that I am not myself. I could find myself trying to kill my child that I carry in my back. I said to myself that I exceeded the limit; I decided to return to Burundi with my two small children, the other two are still with their father.*

*I went through several bad things; I have been even homeless, but a woman gave me a small room to live. I was able to start my life. I feel peace because I live far from my husband.*

## **ACTION ON GENDER-BASED VIOLENCE (AGBV)**

In the month of October 2022, under the support of Quaker Service Norway, FWA has started preparation to support two groups of GBV survivors who will raise pigs as their income generating activities.

In the same month of October 2022, FWA learned that the project sponsored by the United Nations Peace Building Fund "Connecting the Global to the Local: Strengthening Women's Leadership for the Localization of the United Nations Security Council Resolution 1325 (2000) on "Women, Peace and Security" will last for two more years since January 2023.

## **MEDICAL TEAM**

### **CONSULTATIONS**

Our medical doctors consulted with 138 cases, including 60 adults (18 men and 42 women), 15 children (6 boys and 9 girls), 11 HIV positive people and 52 pregnant women for ultrasound. The nurse received 255 patients including 181 adults and 74 children.

### **LABORATORY**

In the month of October, apart from HIV voluntary testing, there were a total of 235 tests.

Test	Test completed	Positive	Negative
G.E. Malaria test	52	25	27
Quick malaria test	38	6	32
ECBU Urine test	12	12	0
Selles Stool test	18	16	2
Pregnancy	26	9	17
Sero-widal Typhoid fever	49	14	35
Glycémie Diabetes	22	7	15
RPR VDRL (Syphilis)	0	0	0
Complete Blood Count	9	4	5
Hepatitis B	3	1	2
Hepatitis C	2	0	2

Viral Load	4	1	3
Total Tests: 235			

***FAMILY PLANNING***

804 people received contraceptives from FWA’s nurse, including 283 old cases and 521 new ones. 394 received the contraceptive injection, 108 were given contraceptive pills, 279 received male condoms, 2 received UID and 21 received implants.

***PRENATAL CONSULTATION (PNC)***

In October, 57 women came for prenatal consultation (PNC), including 15 who came for PNC 1, 14 for PNC 2, 13 for PNC 3 and 15 for PNC 4. 52 pregnant women came for the ultrasound test.

***ANTI-RETROVIRAL SITE***

At the end of October, we had 330 patients under retro drugs followed at NTASEKA clinic, including 267 women and 63 men.

***PHARMACY***

Regarding medications, FWA was able to purchase the minimum needed medicine.

***PSYCHOSOCIAL TEAM***

In the month of October, 64 people were tested for HIV and received pre and post HIV test counselling. Out of them, two people. Including one woman, were detected HIV positive with 3% of seropositivity.

Total Number of People Tested:	64
Total Number of Women Tested:	50
% of People Tested Who Are Women:	78%
Average Age:	29
Median Age:	27.5
Total HIV+ :	2
Total HIV- :	62
Number of Women HIV+ :	1
Total % Seropositivity:	3%
% of Women Tested Who Are HIV+:	2%