

Friends Women's Association

OCTOBER 2021 Report

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COVID-19 AND NTASEKA CLINIC

In the month of October 2021, Friends Women's Association has continued to apply Covid-19 restrictions at Ntaseka Clinic for both the staff and the beneficiaries' protection.

On October 26, 2021, the FWA received special guests. They were the coordinator of the African Great Lakes Initiative (AGLI) of the Friends Peace Teams (FPT), The Friends World Committee for Consultation (FWCC) clerk Africa Section and the Rwanda Evangelical Friends Church Legal Representative.



A group photo at Ntaseka clinic maternity ward



From right to left : the AGLI coordinator, the FWA coordinator, the FWCC Africa Section clerk and the Rwanda Evangelical Friends Church Legal representative

On October 25-29, 2021, Ntaseka clinic was represented during a training held at Hotel des Plateaux in Ngozi province. This training was for health care providers on integrated disease surveillance and the third edition response. Participants were from Bujumbura Mairie Districts.





Ntaseka clinic Midwife attending a workshop in Ngozi province

ACTIVITIES

Caring for HIV Positive People (CHIVPP)

In the month of October, medical follow-up and home visits were done for our HIV positive people. One meeting with children born with HIV/AIDS was done on October 30, 2021.

Maternity Ward Building

In the month of October, under the support of the African Great Lakes Initiative (AGLI) of the FPT and the Canadian Friends Service Committee (CFSC), glasses were put on the doors and windows of the first floor. In addition, wooden doors were put inside the first floor. The ceiling of the second floor was put in place as well.





Wooden doors inside the first floor



Ceiling of the second floor

Improving Women's Reproductive Health (IWRH)

FWA community health workers and FWA staff have continued to educate men, women and young people on the importance of family planning.

On October 9, 2021, there was a meeting between Ntaseka clinic care providers and the FWA community health workers (CHWs) to see the progress of activities regarding awareness on family planning



FWA midwife meeting with the community health workers (CHWs)

In short, there has been the evolution of long acting methods which are on the rise. This justifies the reduction in the number of women who are taking injection which requires the client to present herself 4 times a year. But for implants or IUD the client presents herself for control only once. Most women of reproductive age from FWA SHGs attend NTASEKA clinic services in general and family planning prenatal consultations services in particular. Community health workers have visited all these SHGs in order to raise awareness and continue to address scheduled topics on sexual and reproductive health. Each of them produces its monthly report. We have encouraged each other to work hard to promote sexual and reproductive health at Ntaseka clinic.

The CHWs mentioned that the SHGs are not stable because they do not have adequate space to fully grasp the awareness sessions.

As of October 19, 2021, in collaboration with WISH ACTION of ABUBEF (Burundian Alliance for Family Welfare), FWA care providers and the CHWs community visited cases identified by the CHWs for Family Planning services.

Four families from different areas of Kamenge and a key population group were visited. Results of the visit: Distribution of 576 condoms, four clients agreed to come to Ntaseka including three for injectable contraception and one for the subcutaneous implant.



Outreach educational sessions

Rape Survivors' Support (RSS)

In the month of October, the Rape Survivors Support program had three activities: three follow up (60 women achieved) in order to evaluate the impact of trauma healing workshops for GBV survivors, the creation and the supervision of Self-Help Groups (SHGs) and income generating activities.



"My name is Claire, this program has been very beneficial to me and family. My husband is alcoholic, every day he comes home drunk. I have suffered many forms of gender-based violence.

Before coming to this training I was a woman who stays at home every day, I was ashamed to go among the others because in the neighborhood everyone knew my situation and they were pointing finger at me calling me MARUSHWA {sorrow}; that made my pain worse because it was easy to support my husband but knowing that everyone knows my situation has become unbearable for me.

I thank FWA with all my heart because if FWA didn't exist I don't know where I would be now. FWA healed me; normal stress and traumatic stress were

explained to us and I understood that if I do nothing in my life I will die sooner. I also understood in “the web of healing” that if I manage to be healed my children will also be spared from trauma.

At the end of the training I joined the savings group and I applied for a loan and started working. Until now I was able to save 37,000FBU for me it is like million because I had never had such amount of money without asking my husband or my family.

This program has increased my self-esteem. I felt capable and saw that it is possible to take care of my children financially without begging money.

At the start of the school year, I was able to buy everything I needed for my three children. I am the leader of my saving group. I was able to pay food for my family including my husband; I have stopped counting on my husband. I take him as he does not exist; this gave me peace in my heart. When I look at myself I'm proud and I have so many plans for the future”.

“My name is Hillarie, what changed my life in this program was “listening”. I was a quarrelsome woman because of my husband who mistreated me. We came to training with my friend and we decided to work together for our healing. Before training when my husband was talking, I used to talk too defending myself and then he beat me because He didn't want me to talk.

Now, if my husband hurts me I run directly to my friend to unload myself and I feel good afterwards. I have learned to talk to my husband peacefully. I told to him what we learned in the training and he listened to me. He has not changed completely but there is something that has changed”.



Follow up sessions for GBV survivors



The Self-Help Groups have continued to meet once a week. At the end of October 2021, we had a total of 145 SHGs in Kamenge, Bujumbura Mairie province for a total of 3438 women and 25 SHGs for 613 women in Nyabiraba commune, Bujumbura province.

Our income generating activities continue. The handmade baskets project by young girls has continued at our FWA office. Four SHGs in Nyabiraba are now growing corns.



The SHGs representatives are purchasing corn seeds

ACTION ON GENDER-BASED VIOLENCE (AGBV)



Meeting with GBV accompanists in Nyabiraba on october 4, 2021

In the month of October, a meeting was organized to evaluate the work done by GBV accompanists in Nyabiraba commune, Bujumbura province.

MEDICAL TEAM

CONSULTATIONS

Our medical doctor consulted with 46 cases, including 12 adults (1 man and 11 women), four children (2 boys and 2 girls), 21 HIV positive people and 9 pregnant women for ultrasound. The nurse received 196 patients including 141 adults and 55 children.

LABORATORY

In the month of October 2021, apart from HIV voluntary testing, there were a total of 207 tests.

Test	Test completed	Positive	Negative
G.E. Malaria test	43	7	36
Quick malaria test	33	10	23
ECBU Urine test	10	0	10

Selles Stool test	11	0	11
Pregnancy	40	10	30
Sero-widal Typhoid fever	21	11	10
Glycémie Diabetes	10	7	3
RPR VDRL (Syphilis)	19	0	19
Complete Blood Count	9	3	6
Hepatitis B	3	0	3
Hepatitis C	0	0	0
Viral Load	8	2	6
Total Tests: 207			

FAMILY PLANNING

384 people received contraceptives from FWA's Midwife, including 244 old cases and 140 new ones. 308 received the contraceptive injection, 35 were given contraceptive pills, 29 received male condoms, and 12 received implants.

PRENATAL CONSULTATION (PNC)

In October 2021, 44 women came for prenatal consultation (PNC), including 19 who came for PNC 1, 9 for PNC 2 and 8m for PNC 3 and 8 for PNC 4.

9 pregnant women came for the ultrasound test.

ANTI-RETROVIRAL SITE

At the end of October 2021, we had 330 patients under retro drugs followed at NTASEKA clinic, including 267 women and 63 men.

PHARMACY

Regarding medications, FWA was able to purchase the minimum needed medicine.

PSYCHOSOCIAL TEAM

In the month of October 2021, 59 people were tested for HIV and received pre and post HIV test counselling. Of these 59, there were 46 women and 13 men, and all the five people detected HIV positive were women with 8% of seropositivity.

Total Number of People Tested:	59
Total Number of Women Tested:	46
% of People Tested Who Are Women:	78%
Average Age:	30
Median Age:	29
Total HIV+ :	5
Total HIV- :	54
Number of Women HIV+ :	5
Total % Seropositivity:	8%
% of Women Tested Who Are HIV+:	11%