

# Friends Women's Association

## MARCH 2021 Report

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## **COVID-19 AND NTASEKA CLINIC**

In the month March 2021, Friends Women's Association has continued to apply Covid-19 restrictions at Ntaseka Clinic for both the staff and the beneficiaries' protection.

### **MARCH 8, 2021**

On March 12, 2021, as women-led organization which works for women, the FWA joined the world to celebrate the international women's day.





## **ACTIVITIES**

### **Caring for HIV Positive People (CHIVPP)**

In the month of March 2021, medical follow up and home visits were done for our HIV positive people.

### **Maternity Ward Building**

In the month of March 2021, with the support from the Canadian Friends Service Committee (CFSC), we have started putting broth on the walls of Ntaseka clinic extension plus the control work. The next step will be the tiling of the building, installation of toilets and showers. The remaining step which will be very expensive is building stairs connecting the ground floor to the first floor. Then, guardrails on the first floor, interior doors and windows will follow as well as painting. Although we still have those steps to complete our building project, we are very thankful as 80% of the work is already done.



### **Improving Women's Reproductive Health (IWRH)**

FWA community health workers and FWA staff have continued to educate men, women and young people on the importance of family planning.

Two discussion groups for young girls were done: on March 16, 2021 the target group was single mothers and on March 18, 2021 the target group was sex workers.







*Facilitators were Augustin and Consolate*

On March 26, 2021, in partnership with the Burundian Association for the Family Well-being (ABUBEF) the FWA has organized an outreach session to educate people from Nyarumanga in Buterere zone on the importance of birth control. This population was chosen because it is the least served by the Northern Sanitary District of Bujumbura Mairie. Most of them are indigenous people and live far from health facilities. We were there from 9:00AM to 3:00PM.

In the morning we took time as a Team of FWA / ABUBEF providers to make home visits to families in general and indigenous peoples in particular. We were able to visit 43 Families comprising more than 100 people of childbearing age. We sensitized a care provider with a family where couples were given the opportunity to ask certain questions related to sexual and reproductive health and family planning in particular.











In the afternoon, we did mass sensitization: Different strategies were used, including presentation on sexual and reproductive health, sketches, questions and responses. Let us underline that music was used as a strategy to gather people. Those who gave the right



answers were given small gifts. A total of 287 people were reached, including 223 women and 64 men.



A short sketch played by FWA Community health Workers





The music and dancing strategy











Small gifts to those who responded well



This woman is smiling because she is given a Burundian fabric as a small gift after she gave a right answer.





Here, both FWA and ABUBEF staff were offering services in a small room borrowed in the same community. The results were as follows:

- 30 men benefited from male condoms (720 condoms)
- 16 clients received counselling on the side effects of the contraceptive products they are using as well as referral
- 6 clients received the DMPA contraceptive injection
- 4 clients received the JADELLE subcutaneous implant
- One man has been prepared for surgical contraception which will be done by ABUBEF after consensus with his partner
- One client received the appointment at the NTASEKA CDS to listen to her secondary sterility that she mentioned



- 22 people were tested for HIV. Four people were found HIV positive, including one woman and three men

Those who benefited from contraceptive methods were referred to BUTERERE I and II health centers, which are in partnership with ABUBEF in its WISH project for monitoring



### **Rape Survivors' Support (RSS)**

In the month of March 2021, three new Self-Help Groups (SHGs) were created in Kamenge and three SHGs were created in Nyabiraba. At the end of March 2021, we had a total of 128 SHGs in Kamenge, Bujumbura Mairie province for a total of 3013 women and 11 SHGs for 263 women in Nyabiraba commune, Bujumbura province.



### **Trauma healing Workshop (March 16-18, 2021)**

**Facilitators:** Gisele and Grace

#### **Testimony**

*“I was a girl who dreamed of having a good marriage like others. I lived here in Bujumbura and am a practicing catholic. I got to know a man who led us in the choir and he proposed me to marry him. For me, he was a man of my dream. I introduced him to my family and we got married legally.*

*I got pregnant and he took a 6 year old girl in our house saying that she is a maid. It was through her that I knew she was his child. I had a shock in my heart. I found out that he had a wife in the countryside with six children. Then conflicts started in our couple; he beat me, he insulted me, he does not pay the rent.*

*I ended up being separated from him because I no longer supported him. I just started my life alone with my child. I suffer but I had the courage in this workshop, while I was hearing the*

*testimonies from other women who endured more than me I have felt that I must struggle with life alone”*



## **ACTION ON GENDER-BASED VIOLENCE (AGBV)**

In the month of March 2021, there was proposal writing to present to the Canadian Friends Service Committee (CFSC).

## **MEDICAL TEAM**

### ***CONSULTATIONS***

Our medical doctors consulted with 118 cases, including 65 adults (30 men and 35 women), 6 children (4 boys and 2 girls), 27 HIV positive people and 20 pregnant women for ultrasound. The nurse received 262 patients including 197 adults and 65 children.

### ***LABORATORY***

In March 2021, apart from HIV voluntary testing, there were a total of 276 tests.

Test	Test completed	Positive	Negative
G.E. Malaria test	66	15	51
Quick malaria test	32	10	22



ECBU Urine test	15	10	5
Selles Stool test	18	16	2
Pregnancy	51	10	41
Sero-widal Typhoid fever	28	11	17
Glycémie Diabetes	18	5	13
RPR VDRL (Syphilis)	20	1	19
Complete Blood Count	23	14	9
Hepatitis B	5	0	5
Hepatitis C	1	0	1
Total Tests: 276			

### ***FAMILY PLANNING***

549 people received contraceptives from FWA's nurse, including 342 old cases and 207 new ones. 400 received the contraceptive injection, 58 were given pills, 60 received male condoms, 29 received implants, and 2 received UID

### ***PRENATAL CONSULTATION (PNC)***

In the month of March 2021, 46 women came for prenatal consultation (PNC), including 17 who came for PNC 1, 16 for PNC 2 and 7 for PNC 3 and 6 for PNC 4. 20 pregnant women came for the ultrasound test.

### ***ANTI-RETROVIRAL SITE***

At the end of March 2021, we had 330 patients under retro drugs followed at NTASEKA clinic, including 267 women and 63 men.

### ***PHARMACY***

Regarding medications, FWA was able to purchase the minimum needed medicine.

### ***PSYCHOSOCIAL TEAM***

In the month of March 2021, a total of 97 people received pre and post HIV test counselling and were tested for HIV. Out of the total number, 69% were women and six women out of the eight people detected HIV positive with 8% of seropositivity.

Total Number of People Tested:	97
Total Number of Women Tested:	67
% of People Tested Who Are Women:	69%
Average Age:	30
Median Age:	28
Total HIV+ :	8
Total HIV- :	89
Number of Women HIV+ :	6
Total % Seropositivity:	8%
% of Women Tested Who Are HIV+:	9%